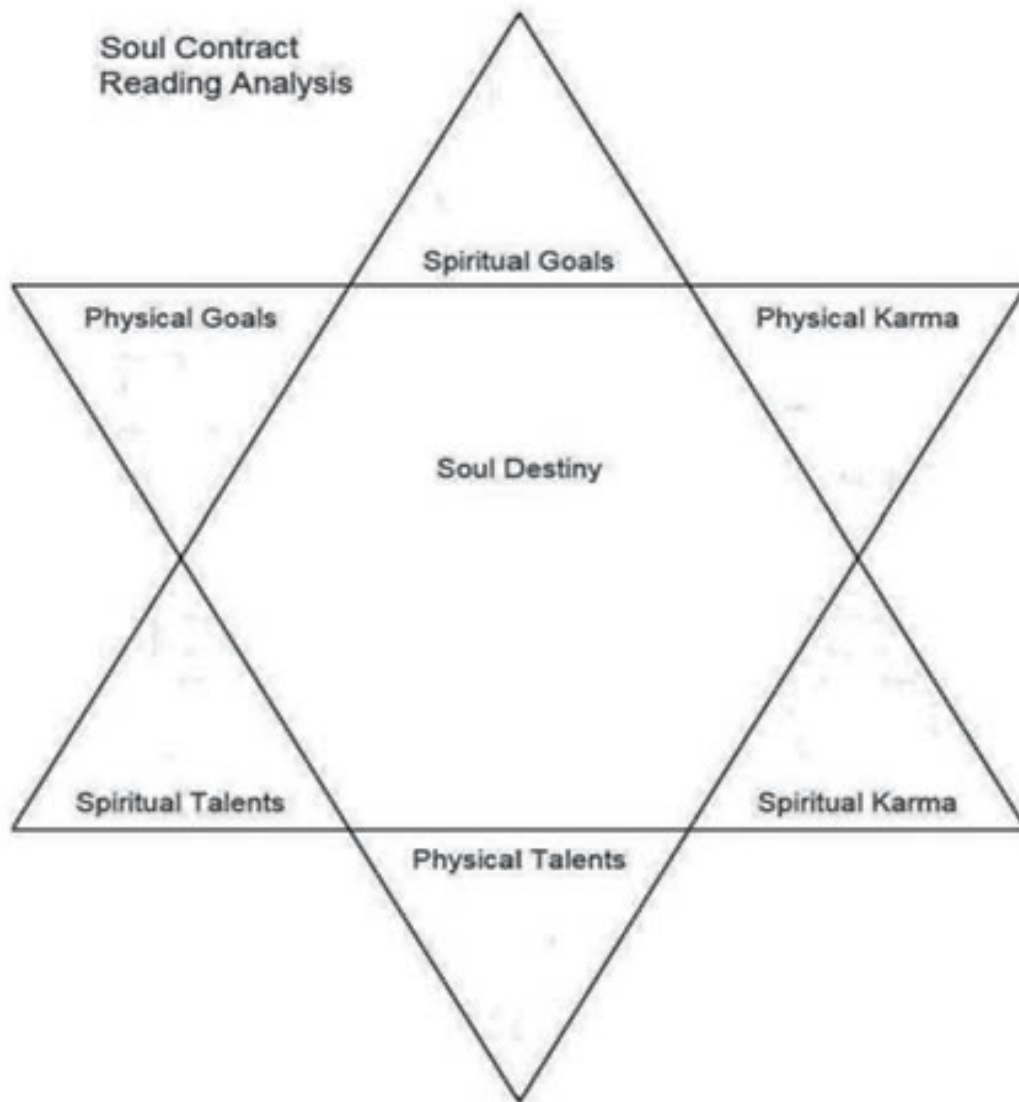


Soul Contract Reading by Jassy



A **soul contract reading** is a spiritual and metaphysical practice that helps you understand the deeper purpose of your life, as outlined in your **soul contract**. Your soul contract is believed to be an agreement made before you incarnated into this lifetime, outlining the lessons, challenges, and experiences your soul has chosen to go through in order to grow, evolve, and fulfill its divine purpose.

Key Elements of a Soul Contract Reading:

Life Purpose and Soul's Mission: A soul contract reading helps uncover your soul's primary mission in this lifetime—what you're meant to learn, experience, and contribute to the world. It can reveal your **soul's blueprint**, including the spiritual goals you set for yourself before birth.

Challenges and Karmic Lessons: The reading often identifies **karmic patterns** or challenges you may have inherited from past lives or from your family line. These are recurring themes that your soul has chosen to work through in this lifetime. It may highlight areas where you are meant to grow or break free from limiting beliefs or negative cycles.

Soul's Strengths and Gifts: A soul contract reading also reveals the **gifts** and **talents** you've brought into this life, which can include intuitive abilities, leadership qualities, creativity, or healing capacities. It shows how these strengths are meant to be expressed and used to serve your soul's purpose.

Free Will and Choices: While the soul contract outlines your path and lessons, it's important to understand that **free will** plays a significant role. The reading may highlight areas where you have choices and where you can make adjustments to align more closely with your soul's intentions.

How a Soul Contract Reading Works:

Numerology: Often, a soul contract reading involves the use of **numerology**, where your birth name is analyzed to reveal the specific **frequencies** or **numbers** that are present in your chart. Each number is associated with a particular energy or lesson, which can give insight into your life purpose and challenges.

Intuitive Guidance: Many practitioners also use **intuitive abilities**, such as channeling, to connect with your higher self or spirit guides. This provides deeper insight into your soul's journey and how you can navigate your life with greater clarity and purpose.

Astrology and Other Tools: Some readings incorporate **astrology**, **tarot**, or **energy healing** techniques to gain a broader perspective on your soul's path.

Benefits of a Soul Contract Reading:

Clarity and Direction: It provides insight into your true life purpose, helping you understand why certain events or patterns have occurred in your life. It can help you gain clarity on your current life direction and what you're meant to accomplish.

Healing and Release: By understanding the karmic lessons in your soul contract, you can begin to heal and release old wounds, patterns, or limiting beliefs that may have been holding you back.

Empowerment: It helps you embrace your innate gifts and strengths, empowering you to live more authentically and in alignment with your soul's true desires.

Improved Relationships: A soul contract reading can help you understand the deeper dynamics of your relationships, offering insights into the soul agreements you have with others and how to navigate those connections with greater love and understanding.

Overall, a soul contract reading is a tool for spiritual growth and self-discovery. It helps you connect with your higher self, understand your soul's mission, and align your life choices with your soul's deeper purpose.

Overview

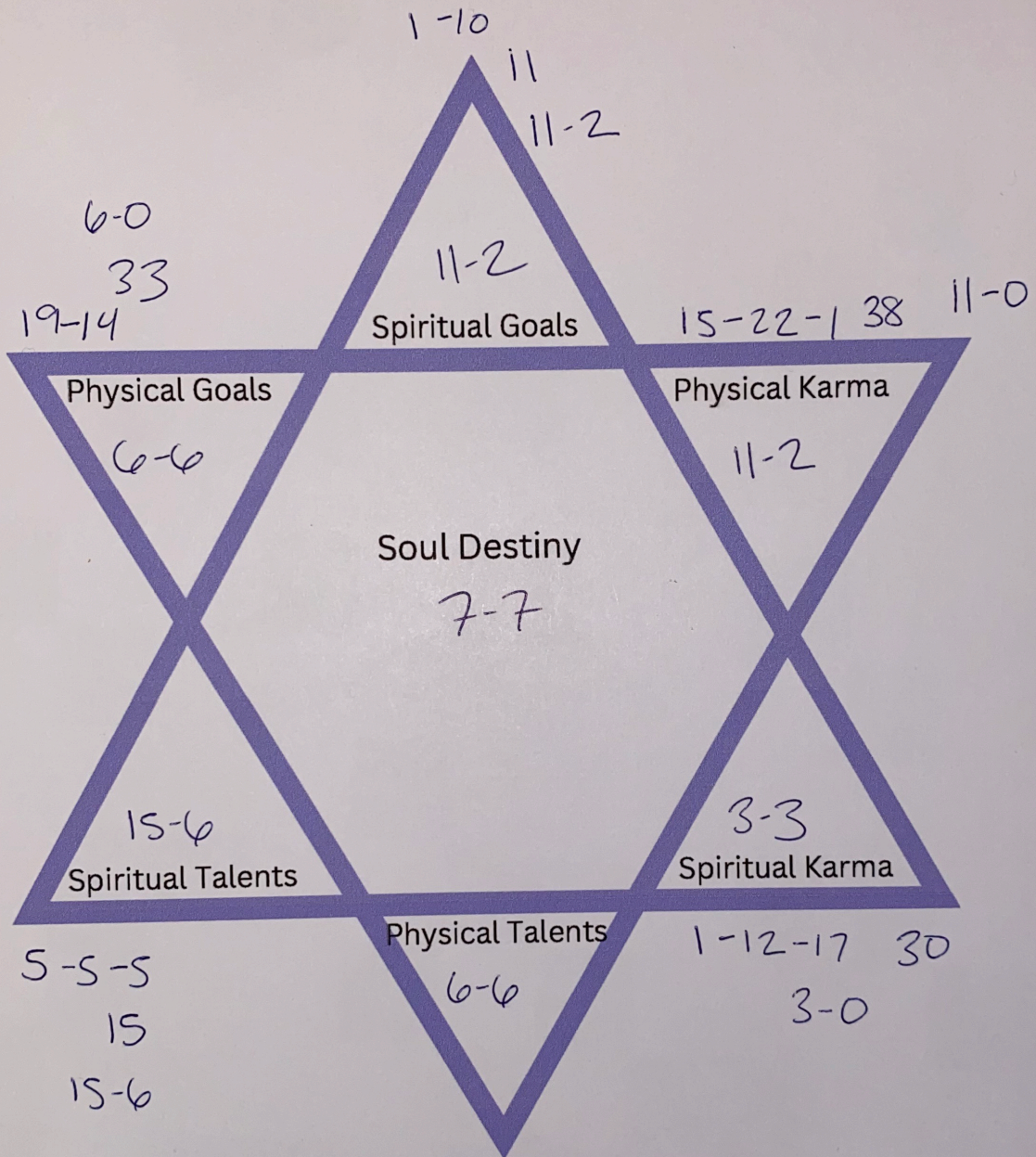
- **Physical Karma:** Challenges filled with emotional intensity that need to be resolved.
- **Physical Talents:** Your innate abilities that drive progress and movement in your life.
- **Physical Goals:** The aspirations you aim to achieve in the physical world.
- **Spiritual Karma:** Emotionally charged challenges meant to be worked through for spiritual growth.
- **Spiritual Talents:** Natural gifts that propel you forward in your spiritual journey.
- **Spiritual Goals:** The ambitions guiding your spiritual achievements.
- **Soul Destiny:** The ultimate state of being you are meant to reach in this lifetime.

Soul Contract Reading for...

Sarah Kathleen Jaffe

Sarah Kathleen Jaffe

~~18-1-20-X-5~~ ~~19-1-²²X-X-12-~~88~~-14~~ ~~10-1-17-17-5~~



20-5-17 42

6-0

Physical Karma	11	2
Physical Talents	6	6
Physical Goals	6	6
Spiritual Karma	3	3
Spiritual Talents	15	6
Spiritual Goals	11	2
TOTAL	52	25
Soul Destiny	7	7

Physical Karma refers to the specific life challenges and lessons we are meant to work through in the material world. These challenges are emotionally charged and often connected to unresolved patterns or experiences from previous lifetimes.

The purpose of Physical Karma is to encourage personal growth and transformation by confronting difficult circumstances, relationships, or limitations in the physical realm. These challenges often manifest as recurring themes or struggles in areas such as health, relationships, finances, or career.

Key aspects of Physical Karma include:

- **Patterns to Break:** Repeating cycles that highlight where healing or change is needed.
- **Opportunities for Growth:** Challenges provide opportunities to develop resilience, self-awareness, and strength.
- **Integration:** Resolving Physical Karma helps balance the spiritual and physical aspects of life, bringing greater harmony.

Ultimately, working through Physical Karma allows individuals to align more closely with their higher purpose, transforming difficulties into sources of empowerment.

Your physical karma frequency is 11-2

11-2 (Kaf + Bet)

Keywords: Assimilation · Structure · Harmony

Hello, dear empath.

This frequency carries a deeply sensitive and porous nature—especially in childhood. Like a sponge, you likely absorbed the emotional environment around you, especially the **unspoken dysfunctions** of family, school, or culture. You didn't just witness the patterns—you **became them**, believing they were your own.

Because of this, many who carry 11-2 unknowingly build the early parts of life—relationships, identity, even career—on beliefs that never truly belonged to them. If you were surrounded by chaos, it might've felt "normal." If love was conditional, you may have built a life around earning it.

But this path is sacred. At some point—often through a **life-altering event or deep emotional rupture**—you are meant to awaken and say:
"Wait... this isn't my truth."

That's when the real work begins. Deconstruction. Healing.
And then... **rebuilding life from your inner knowing.**

Not inherited belief systems. Not survival patterns.

Your own personal truth.

Because of this, your journey may include loss: relationships that no longer align, jobs that felt safe but stagnant, friends or mentors who were once mirrors of a past self. But every letting-go is clearing space for the **structure of your soul to take form**. This frequency is here to **build legacy**—whether it's a business, a book, a healing space, or a family lineage rooted in integrity.

You are innately harmonious, with a calming aura that others trust. Many with this pattern become **guides, coaches, therapists, and space holders**—not because they're perfect, but because they've walked through the fire of falsehood and emerged whole.

Early on, you may have been a people pleaser. Now, you're here to **redefine harmony**: not as self-sacrifice, but as soulful alignment.

Spiritual Karma refers to the emotionally charged challenges and lessons your soul has chosen to work through on a spiritual level during this lifetime. These challenges often stem from unresolved patterns or imbalances from previous lifetimes and are designed to facilitate your soul's growth and evolution.

Unlike Physical Karma, which deals with tangible, material-world struggles, Spiritual Karma focuses on deeper, internal experiences that impact your emotional, mental, and spiritual state. These may manifest as recurring emotional patterns, self-limiting beliefs, or difficulties in connecting with your higher self and spiritual purpose.

Key Aspects of Spiritual Karma:

- **Emotional Depth:** Spiritual Karma often involves intense emotional experiences, such as feelings of abandonment, self-doubt, or unworthiness, which need to be healed and transformed.
- **Past Life Influences:** These challenges are rooted in past-life energies or unresolved dynamics that your soul has carried into this incarnation.
- **Healing and Growth:** The purpose of Spiritual Karma is to help you heal emotional wounds, transcend limiting patterns, and align more closely with your higher self.

Connection to Others: Spiritual Karma often involves relationships or situations that serve as mirrors, reflecting your inner struggles and providing opportunities for spiritual growth.

Purpose of Spiritual Karma:

Spiritual Karma is not a punishment but a tool for transformation. By working through these challenges, you deepen your understanding of yourself, awaken your spiritual gifts, and strengthen your connection to Source. Resolving Spiritual Karma helps you evolve beyond old patterns, opening the door to greater inner peace, emotional freedom, and spiritual alignment. It's an essential step toward fulfilling your soul's destiny.

Your spiritual karma frequency is 3-3

3-3 (Gimel)

Keywords: Communication · Master Teacher · Worthiness

Dear soul, if you carry the 3-3 frequency, then you're here with a **sacred voice and timeless wisdom**—but your first assignment in this life is to **remember your worth**.

Many who hold this pattern grew up feeling **unseen or unheard**. Maybe you were the quiet one, the shy observer, the child who knew so much but said so little. Perhaps your brilliance was overlooked, or your emotional depth misunderstood. In response, you learned to tuck your feelings away, burying them deep in your inner world, hoping to stay safe.

But you didn't come here to hide.

You came here to **express**, to **teach**, and to **guide others through truth spoken from the soul**.

This path often involves a journey through self-doubt. Even as a gifted communicator—perhaps in your career or with clients—you may still struggle to fully reveal your truth in intimate settings. There's a tendency to suppress or disconnect from your own emotions, only realizing later, after reflection, what you were truly feeling.

But once you begin to excavate that inner labyrinth—once you claim your voice and realize your words carry **healing, guidance, and light**—you step into your role as a **Master Teacher**.

People sense your wisdom before you speak.

That's why they pause when you enter the room. That's why they remember your words long after you've said them.

You may also receive messages in subtle ways—like **ringing in the ears**, which is often a signal from your guides, encouraging you to tune in and listen to the downloads wanting to move through you.

You're not here to play small. You're here to **teach from experience**, **communicate from truth**, and **guide others back to their worth**—by first reclaiming your own.

Will you write the book?

Start the podcast?

Speak your truth in the room where your younger self once stayed silent?

Your story, your voice, your *presence*... it matters.

Physical Talents represent the natural abilities and strengths you bring into this lifetime to help you navigate the material world and fulfill your purpose. These talents are gifts you have cultivated through past life experiences or innate qualities embedded in your soul's blueprint. They provide momentum and support in overcoming challenges, achieving goals, and contributing to the world around you.

Key Aspects of Physical Talents:

- **Practical Skills:** These may include intellectual abilities, creativity, communication, leadership, or problem-solving, which help you thrive in the physical realm.
- **Grounding Force:** Physical Talents help anchor you in the material world, giving you the stability and capability to manifest your desires and achieve tangible results.
- **Support for Growth:** These gifts are designed to counterbalance your Physical Karma. While your Karma may present difficulties, your talents are the tools to overcome them and grow.

Contribution to Others: Physical Talents often play a role in how you serve others, aligning with your mission in the physical realm to uplift or inspire those around you.

Purpose of Physical Talents:

Your Physical Talents are meant to provide forward momentum in your life, offering both practical and emotional resources. They are the strengths that help you manifest your aspirations and contribute to your soul's evolution in the physical world. When these talents are recognized and harnessed, they empower you to create a life of purpose, balance, and fulfillment.

Your physical talents frequency is 6-6

6-6 (Vav) Love, Nurturing, Responsibility

The 6 frequency is deeply connected to the heart. In this frequency, your soul is here to master the art of love—both giving and receiving. You are naturally nurturing, often taking on the role of caretaker, whether in your family, friendships, or community.

But beware of the shadow side of this energy: over-giving or feeling burdened by responsibility. Have you ever felt like you're carrying the weight of the world on your shoulders? This is a sign to set boundaries and remember that your needs matter too.

Your mission is to embody unconditional love, starting with yourself. As you heal old wounds and release guilt or resentment, you'll find that your ability to love others deepens. Relationships are your greatest teachers, offering you lessons in forgiveness, patience, and compassion.

Spiritual Talents represent the natural abilities, gifts, and inner strengths your soul has brought into this lifetime to support your spiritual growth and purpose. These talents are often deeply intuitive and connected to your higher self, serving as tools to help you overcome challenges, fulfill your Spiritual Goals, and resolve Spiritual Karma.

Key Aspects of Spiritual Talents:

- **Innate Spiritual Gifts:** These might include intuition, empathy, creativity, healing abilities, or a natural connection to higher consciousness. They often emerge as strengths that feel second nature to you.
- **Soul Alignment:** Spiritual Talents are tied to your soul's unique vibration and purpose, helping you align with your higher self and Source.
- **Guidance Through Challenges:** These talents act as resources to navigate and overcome the emotionally charged lessons associated with your Spiritual Karma.
- **Empowering Others:** Many Spiritual Talents have a ripple effect, allowing you to inspire, uplift, or guide others on their own journeys.
- **Catalysts for Transformation:** By recognizing and using these talents, you unlock higher states of awareness, creativity, and spiritual growth.

Purpose of Spiritual Talents:

Spiritual Talents are the gifts your soul has cultivated over many lifetimes and brought into this one to help you fulfill your higher purpose. They provide forward momentum on your spiritual journey, enabling you to express your true essence, contribute to the collective, and live in harmony with your divine blueprint.

When fully embraced, these talents allow you to transcend limitations, deepen your spiritual connection, and create a life that reflects your soul's highest potential.

Your spiritual talents frequency is 15-6

15-6 (Samech and Vav) Connection to Higher Self, Immense Creativity, and Variety

Have you ever felt like you're going in circles, unsure of which direction to take? Maybe you've explored different college majors, careers, or passions, but never quite felt settled. For you, variety is truly the essence of life. This energy frequency guides you on a spiritual journey that's uniquely yours—one that allows you to discover what your inner and outer world is all about, free from outside influence or expectation.

At times, this frequency can bring you into a cycle of overthinking or procrastination, where you analyze ideas so much that it leads to “analysis paralysis.” But the message here is clear: it's time to take risks and trust yourself more. Deep within, you are highly intuitive and incredibly connected to your soul, from which all your creativity and insights naturally flow. Your gut instinct is a powerful guide—listen to it, trust it, and let it lead the way.

Find ways to connect with your spiritual connection and your intuition.

Physical Goal represents what your soul aspires to achieve in the material world during this lifetime. It is the destination you are striving toward in the physical realm, guided by the lessons, challenges, and talents outlined in your soul contract. This goal reflects your purpose for being incarnated and is deeply connected to your growth and evolution as a soul.

Key Aspects of the Physical Goal:

- **Material Aspirations:** It often involves tangible achievements such as career success, financial stability, creating a family, or contributing to society in meaningful ways.
- **Life Direction:** The Physical Goal serves as a compass, pointing you toward experiences and opportunities that align with your higher purpose.
- **Balance and Integration:** Achieving the Physical Goal often requires you to balance your Physical Karma and harness your Physical Talents, leading to harmony between effort and fulfillment.
- **Personal Fulfillment:** While the goal is outwardly focused on material achievements, it ultimately fosters inner satisfaction and alignment with your soul's desires.

Purpose of the Physical Goal:

The Physical Goal motivates you to grow, persevere, and transform challenges into achievements. It invites you to engage fully with life in the physical realm, pushing you to expand your potential and leave a meaningful legacy. By working toward this goal, you fulfill a vital part of your soul's journey, contributing not only to your personal evolution but also to the collective experience of humanity.

Your physical goal frequency is 6-6

6-6 (Vav) Love, Nurturing, Responsibility

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But beware of the shadow side of this energy: over-giving or feeling burdened by responsibility. Have you ever felt like you're carrying the weight of the world on your shoulders? This is a sign to set boundaries and remember that your needs matter too.

Your mission is to embody unconditional love, starting with yourself. As you heal old wounds and release guilt or resentment, you'll find that your ability to love others deepens. Relationships are your greatest teachers, offering you lessons in forgiveness, patience, and compassion.

Spiritual Goal represents what your soul is striving to achieve on a spiritual level during this lifetime. It serves as the higher purpose that motivates your soul's journey and growth, focusing on inner transformation, alignment with your higher self, and the deepening of your connection to Source.

Key Aspects of the Spiritual Goal:

- **Higher Aspirations:** The Spiritual Goal goes beyond material achievements and focuses on attaining wisdom, enlightenment, emotional healing, and spiritual mastery.
- **Alignment with Source:** This goal reflects your soul's desire to align more closely with divine truth, love, and unity.
- **Overcoming Spiritual Karma:** The journey toward the Spiritual Goal often involves resolving karmic patterns and learning key spiritual lessons.
- **Inner Fulfillment:** While the goal is not outwardly visible, achieving it brings a profound sense of peace, balance, and fulfillment that radiates into all aspects of life.
- **Soul's Evolution:** Achieving the Spiritual Goal contributes to the ongoing evolution of your soul across lifetimes, bringing you closer to your ultimate spiritual destiny.

Purpose of the Spiritual Goal:

The Spiritual Goal acts as a guiding light for your inner journey, reminding you of the deeper purpose behind your life experiences. By working toward this goal, you grow in self-awareness, compassion, and wisdom, ultimately transcending limitations and embodying your soul's true essence.

It is through the pursuit of the Spiritual Goal that you fulfill your soul's higher mission, transforming not only your life but also contributing to the collective spiritual evolution of humanity.

Your Spiritual goal frequency is 11-2

11-2 (Kaf + Bet)

Keywords: Assimilation · Structure · Harmony

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Early on, you may have been a people pleaser. Now, you're here to **redefine harmony**: not as self-sacrifice, but as soulful alignment.

Soul Destiny refers to the path or purpose your soul has chosen to fulfill in this lifetime. It represents the overarching mission or goal that your soul is working toward, the lessons you're meant to learn, and the way you are meant to contribute to the world. The Soul Destiny is about the *big picture* of your life's purpose and the energies you are here to embody.

Your soul destiny is 7-7

7-7 (Zayin) - Healing the Heart, Networking, and Connecting

Do people seem to open up to you effortlessly, sometimes even strangers? Do they often find themselves saying, "Why am I telling you all of this?" That's because you are a natural people magnet. Your energy is here to help others heal, especially their hearts. When people share their struggles and traumas with you, it's incredibly healing for them. But when it comes to yourself, you tend to keep your personal life guarded. You don't want others to see your vulnerabilities, and if you do open up, it's usually in a controlled, cautious way.

Your soul's mission is to learn how to heal your own heart so that you feel safe enough to be truly vulnerable and connect with others on a deep level. Let go of the masks you wear and allow your authentic self to shine in every situation. Though you may have experienced your share of heartache, that's part of your journey—to heal your heart so you can guide others in doing the same.

This is the ultimate people frequency. You have the ability to bring people together, help them make decisions (even if you sometimes feel indecisive yourself), and support them as they move forward in life. Your true gift lies in your ability to connect, heal, and inspire others to do the same.