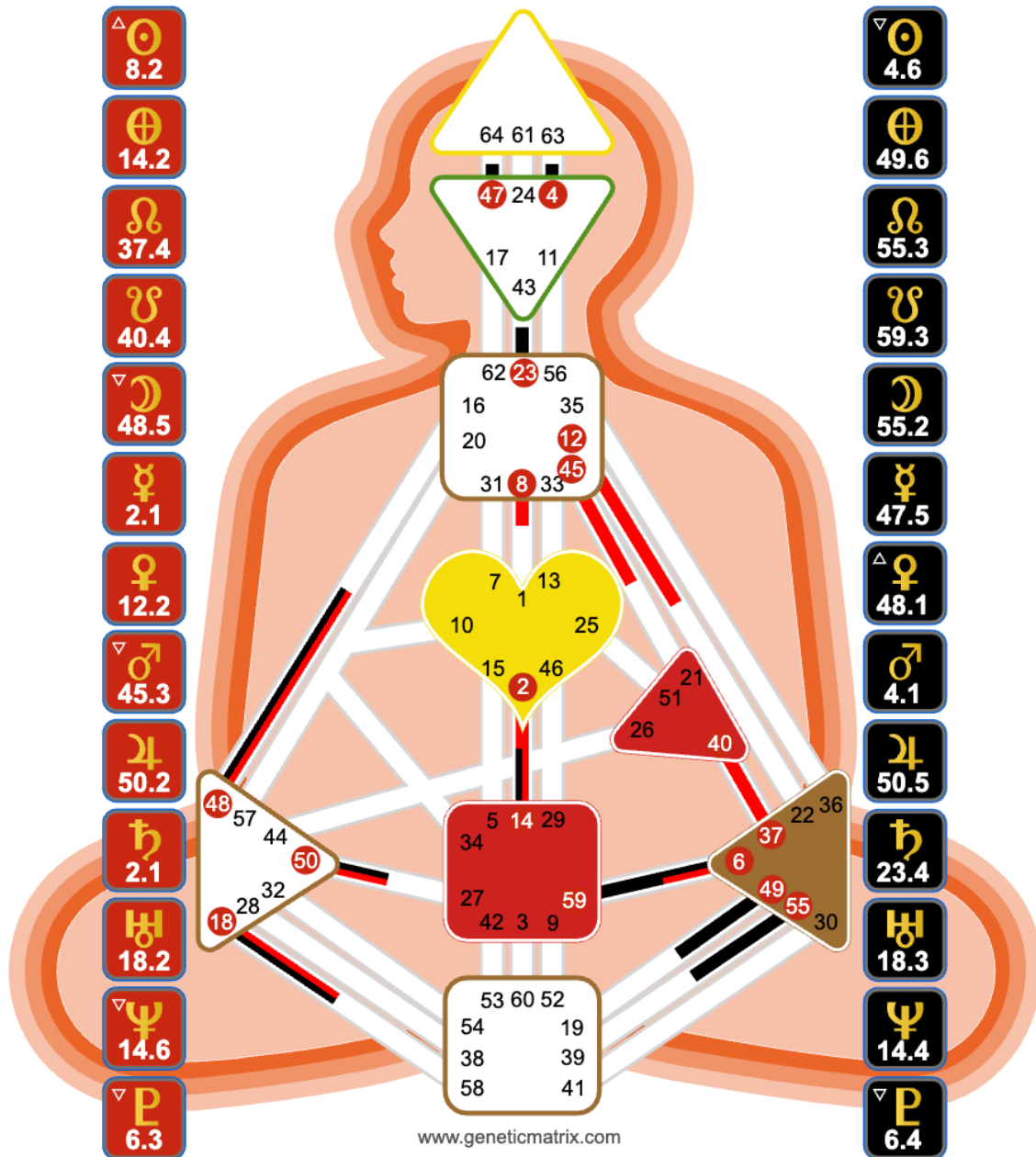


# Human Design Chart Overview: Sarah Jaffe



## Overview

- **Name:** Sarah Jaffe
  - **Birth Date:** August 17, 1970 – 10:40 AM (Chicago, IL, USA)
  - **Age:** 54
  - **Type:** Emotional Generator
  - **Profile:** 6/2 – *Role Model / Hermit*
  - **Definition:** Single
  - **Inner Authority:** Solar Plexus (Emotional)
  - **Incarnation Cross:** Left Angle Cross of Revolution 2
  - **Channels Activated:**
    - 37-40 – *Channel of Community*
    - 2-14 – *Channel of the Beat*
    - 59-6 – *Channel of Mating*
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## **Type: Emotional Generator**

Sarah has consistent access to life force energy. Her sacral center responds with a gut “uh-huh” or “uh-uh” – but her emotional wave must be honored. She is not here to leap into things quickly, but to feel her way to truth over time.

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## **Definition: Single**

All her defined centers are connected, so she processes energy internally and tends to feel self-contained. She may not need others to complete her – she holds her own wisdom within.

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## **Inner Authority: Solar Plexus**

Emotions come in waves – clarity arrives with patience. Sarah is designed to **wait out the highs and lows** of her emotional currents before making major life decisions. “If it’s not a clear yes, wait.”

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## **Profile: 6/2 – Role Model / Hermit**

This profile speaks to a three-stage life path:

- **0–30:** Experimentation through life lessons.
- **30–50:** Deep reflection and integration.
- **50+:** Embodiment of wisdom as a natural guide.

She also carries the 2nd line's need for retreat and solitude. Her gifts shine when she's invited or called out by others.

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## **Incarnation Cross: Left Angle Cross of Revolution 2**

Sarah is here to **rebel against outdated norms** and live in alignment with personal truth. She may challenge systems or communities by embodying a more emotionally intelligent, authentic way of being.

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### **Channels:**

#### **37-40: Channel of Community**

Driven by the desire for emotional bonding, loyalty, and tribal support. She is gifted in creating agreements that serve everyone.

#### **2-14: Channel of the Beat**

This channel provides Sarah with inner direction. She can be a visionary leader, moving in her own rhythm and guiding others through her creative pulse.

#### **59-6: Channel of Mating**

This intimate channel carries potent energy for emotional and physical connection. It also fuels creativity and deeper understanding in close partnerships.

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## **Digestion: Consecutive Appetite (Left)**

Sarah thrives when she **eats one simple thing at a time**, without mixing too many flavors or textures. Her body is designed to **digest in sequence** – one ingredient or food group, then the next.

Simplicity is key. She may find that her energy, focus, and mood improve when she eats slowly, intentionally, and with minimal complexity.

**Tip:** Focused, quiet meals with few ingredients can be deeply nourishing for her system.

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## **Strongest Sense: Smell (Left)**

Sarah's most heightened perception is **olfactory** – she intuitively "sniffs out" what (and who) is right or wrong for her.

Her sense of smell goes beyond just physical scent. She may have a keen ability to “**sense the vibe**” of people, places, or situations. If something smells off – even energetically – it likely is.

**Tip:** Use aromatherapy, natural scents, and environments that smell clean and comforting to stay grounded and clear.

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## **Environment: Caves (Left)**

Sarah is designed to thrive in **cozy, secure spaces** where she feels protected and in control of her surroundings. This doesn't necessarily mean literal caves – but she feels best in environments that are **contained, safe, and offer her a good vantage point**.

She may prefer being near the entrance or exit of a room, having her back to a wall, or knowing who is coming and going. Caves people are often more sensitive to their surroundings than they realize.

**Tip:** Think snug reading nooks, warm lighting, curtains, quiet homes, and well-designed private spaces. Whether she's working, eating, or resting, being in a **nest-like environment** helps her body and nervous system feel regulated.

This environment also supports her **emotional clarity** and **sense of inner security**, which is key with her Emotional Authority.

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## **Final Reflection**

Sarah is a deeply **emotional, wise, and intuitive being**, born to **lead through authenticity, sensual awareness, and heartfelt connection**. Her energy nourishes others when she's aligned, and her journey has prepared her to guide, love, and create from a space of hard-earned clarity.

Her body thrives on **simplicity, rhythm, and emotional attunement**. Her gifts bloom in relationships, community, and quiet introspection – and her revolution begins within.

## ★ Sarah Jaffe — Business Human Design Profile

### Foundation Chart

Sarah Jaffe

**Career Type**  
**Interaction & Decision Strategy**  
**Decision Making Authority**  
**Key Indicators**  
**Assimilation**  
**Public Role**  
**Life Work Theme**  
**Large Business Strengths**  
**General Thematic Environment Style**

Classic Builder  
 Wait to Respond  
 Wait for Clarity (Emotional Intelligence)  
 Satisfaction or Frustration  
 Independent Assimilation  
 Leader / Natural  
 Revolution (Transpersonal Focus - Bonding)  
 Direction, Interaction  
 Support, Empowerment  
 Solo - Ideal  
 Partnership - Not Ideal  
 Small Group - Ideal - Energy Worker  
 Large Group - Ideal - Executive

### Business Skills & Attributes

Vision - Detail, Fundamentals, Networking and Client Relations  
 Public Relations - Potential, Talent, Marketing and Reputation  
 Capacity - Potential, Talent, Marketing and Reputation  
 Capacity - Networking, Client Relations, Detail and Fundamentals  
 Capacity - Leadership, Trust, Determination and Capital

### Functions

Energy Resource  
 Emotional Intelligence  
 Willpower  
 Identity & Direction

### Shadows / Distractions

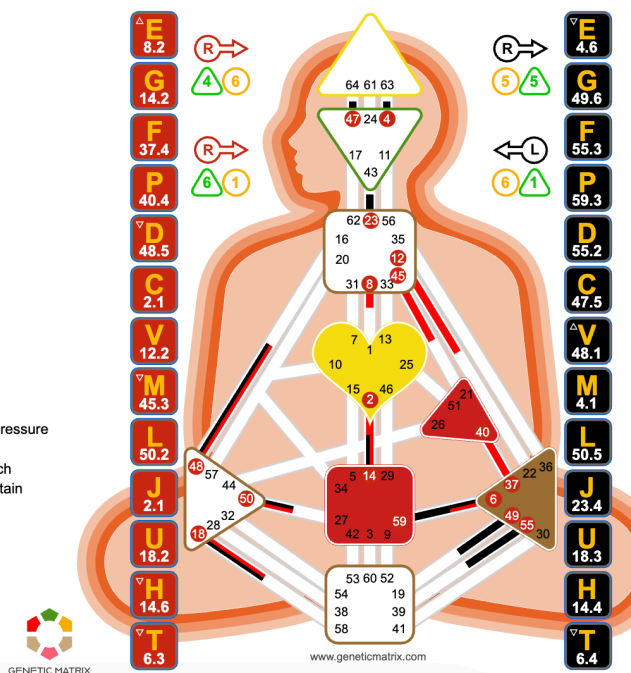
Too much in a hurry - Succumbing to outside pressure  
 Lack of Flexibility - Fearful for survival  
 Trying to be a Star - Talking and Doing too much  
 Mentally Defensive - Trying too Hard to be Certain  
 Losing Focus - Mentally Scattered

### Strengths & Contributions

3740 - Community  
 0214 - Direction  
 0659 - Interaction

### Career Fundamentals

System:Tropical



### ◆ Career Type: Classic Builder (Generator)


As a Classic Builder, Sarah is designed to **respond** to life and business opportunities rather than initiate them. She thrives when she allows the right clients, projects, or ideas to come to her and **trusts her gut and emotional clarity** to guide next steps.

**Business Tip:** Sarah should align her work with what genuinely lights her up. Satisfaction = success; frustration is a red flag she's off track.

### 🌀 Interaction & Decision Strategy:

- **Wait to Respond** (sacral response to external cues)

- **Wait for Emotional Clarity** (emotional intelligence = ride the wave before making business decisions)

 **Best Practice:** Avoid rushing into offers or partnerships. Give it time. Emotional truth reveals itself over time, not in the moment.

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### **Key Indicators:**

- **Satisfaction** = She's aligned
  - **Frustration** = Time to pivot or pause
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### **Assimilation Style: Independent Assimilation**

Sarah works best when she **processes experiences in her own way and on her own timeline**. She may not always benefit from formal mentorship or traditional training; she learns best through her **inner authority and lived experience**.

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### **Public Role: Leader / Natural**

Sarah is meant to **lead by being**, not by forcing. Others will naturally look to her when she's embodied in her truth and aligned with her emotional intelligence.

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### **Life Work Theme: Revolution (Transpersonal Focus - Bonding)**

She is here to **challenge outdated systems**, connect people through emotional bonds, and **be a change agent in her field**. Especially strong in movements, community-based organizations, and conscious leadership roles.

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### **Business Strengths**

- **Direction & Interaction:** Natural at guiding others through intuitive direction and heart-centered connections
- **Support & Empowerment:** Leads with emotional wisdom, encouragement, and grounded presence

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## **Ideal Working Environment Style**

- **Solo:** Excellent for reflection, integration, and creative processing
- **Small Group:** Best for energy-based work (healing, spiritual coaching, intimate masterminds)
- **Large Group:** Thrives as an executive, teacher, or leader in systems when emotionally clear
- **Partnership:** Not ideal unless the emotional wave is respected and honored

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## **Business Skills & Attributes**

### **Vision**

- Detail-oriented, grounded in fundamentals
- Naturally skilled in networking and client relationship building

### **Public Relations**

- Talent for developing a **positive reputation** through marketing, trust, and transparency

### **Capacity**

- Great potential in **client care, detail, leadership, and capital management**
- Strength in **marketing, reputation building, and talent development**

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## **Core Functions**

- **Energy Resource:** Consistent sacral energy when aligned
- **Emotional Intelligence:** Deep emotional awareness for leadership and guidance
- **Willpower:** Focused when rooted in truth, not proving
- **Identity & Direction:** Strong internal compass – she knows when she's on track

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## **Shadows / Distractions**

- **Too much in a hurry:** Succumbing to pressure to decide fast = misaligned results
- **Fearful for survival:** Emotional rigidity or control can block abundance
- **Trying to be a star:** Overdoing, over-talking, over-giving = burnout

- **Mentally defensive:** Trying too hard to prove certainty can create friction
  - **Mentally scattered:** Losing focus leads to overwhelm and disempowerment
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## **Strengths & Contributions**

- **Channel 3740 - Community:** Emotional connector, business grounded in trust & bonds
  - **Channel 0214 - Direction:** Inner GPS for guiding others toward their purpose
  - **Channel 0659 - Interaction:** Intimate connection, deep rapport, ability to inspire
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## **Summary for Business Strategy**

Sarah Jaffe is designed to:

- Build a **revolutionary business** grounded in emotional integrity
- Lead through **natural presence** and **deep emotional connection**
- Thrive in **solo or small group settings** where her energy is respected
- Avoid rushing or forcing—**clarity comes with time**
- Support others through **empowerment, trust, and direction**

She's a visionary builder with a mission to **bond, evolve, and shift paradigms.**