

# It's time for hiking

We will be doing a 2-3 Hour Moderate Hike through Mariposa Grove. Specifically we will be doing the Grizzly Giant Loop Trail.

## sunday 13TH

#### WHAT TO EXPECT

We will be guiding you to the trail



We can choose to do the longer hike, coordinate amoungst yourselves.



This is the time for total presence. We will be doing a silent hike for the most part.

## The Mariposa Grove of Giant Sequoias

The Mariposa Grove has over 500 mature giant sequoia trees and a variety of trails, from easy to strenuous and accessible. Some of the giant sequoias of Mariposa Grove are approximately 2,000 years old. This impressive natural wonder was pivotal to the creation of Yosemite National Park and has been revered by the First Native People, followed by adventurers such as Galen Clark, John Muir, and Teddy Roosevelt.

#### How to Access The Grove

Park at Welcome Plaza and take the free shuttle to the Mariposa Grove Arrival Area. Note: The shuttle bus from the Welcome Plaza parking to the Mariposa Grove Arrival Area is weather-dependent. A late spring or early fall snow can temporarily close the road access. Visitors can snowshoe, cross-country ski, or hike into the Grove via the two-mile Washburn Trail when the road is closed.

Not to worry, we will guide you through the park and lead you directly to our trail.



## **Prepare for the Hike**

Wear a hat and good hiking shoes, and carry plenty of water. Drinking fountains and water refilling stations are at the Welcome Plaza and the Arrival Area.

#### **Recommended Hikes**

Big Trees Loop Trail: 0.3-mile - EASY (1-2 hours). You will see many Giant Sequoias, including the Fallen Monarch, and interpretive panels on the life and ecology of Giant Sequoias.

Grizzly Giant Loop Trail: 2-miles - MODERATE (2-3 hours) Discover many more Giant Sequoia trees, including the Bachelor and Three Graces, the Grizzly Giant, and the California Tunnel Tree.

Mariposa Grove Trail: 7-miles - STRENUOUS (4-6 hours) Other notable trees included are the Faithful Couple and Clothespin Tree. You can also visit Wawona Point and the Mariposa Grove Cabin along this route.

#### **Action: Please Read**

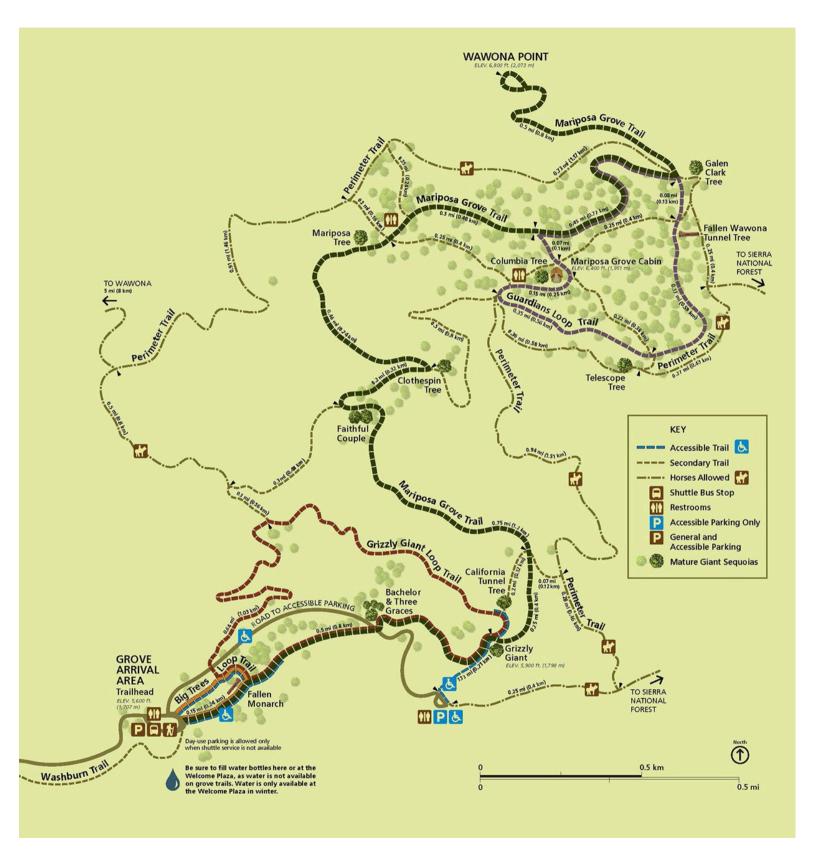
We will do the Moderate Grizzly Giant Loop Trail as a group. However, you can choose to do the Strenuous one. We recommend to buddy up with other members of the group and ride together so that you may enjoy lunch during your hike. You'll need to stop or order food ahead of time to take with you on your hike. Or you can choose to eat after your hike is complete.

Most of us will be completing the Moderate 2-3 hour hike. Although it is only 2 miles, it truly is a 2-3 hour hike because of elevation changes, stopping for pictures and taking in the beauty of nature.

During our hike we will be in silence for the majority of the time so that we may come back to presence.



## The Map



Note: this hike is so easy you don't need a map. It's just a nice visual.